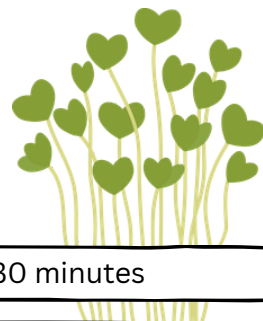




HOPE GROWS HERE

A TAKE ME OUTSIDE DAY ACTIVITY



GRADE: Early Years–Grade 12

TIME: 20-30 minutes



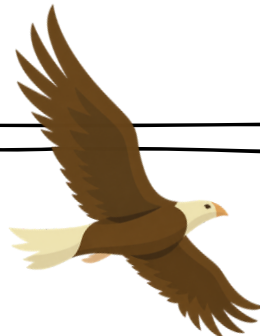
THE IDEA:

Take your learners outside and look for hope.

You don't need a special lesson, equipment or outdoor classroom. Simply find a space outside your classroom, in your schoolyard, neighbourhood or local park and ask your learners:

Where do you see hope growing?

Then take some time to look, listen, notice and talk together.



TAKE IT OUTSIDE:

Take your learners outside for 10–15 minutes. Invite them to explore, observe or simply sit quietly. Encourage them to look for something:

-  growing
-  living
-  working together
-  being cared for
-  changing or recovering
-  that gives them hope

There is no right answer.

Hope might be something very small.

- Signs of life in unexpected places.
- A garden being cared for.
- A tree providing shade.
- People working together.
- A place beginning to recover.
- A small moment of connection.
- Something a learner notices for the first time.



TALK ABOUT IT:

Bring learners together and ask:

- *What did you notice?*
- *What surprised you?*
- *What made you curious?*
- *Where did you see hope?*
- *Why does it give you hope?*

Younger learners: these conversations can be as simple as sharing a drawing or pointing out something they discovered.

Older learners: discuss how their observation connects to larger ideas about nature, community, change or the future.

SHARE IT WITH US:

Share what your learners discovered during the Week. Choose whichever option works best for your group.

email it to: info@takemeoutside.ca
or post to Facebook or Instagram with
#TakeMeOutsideDay

THEN YOU COULD SHARE A PHOTO

Take a photo of something that represents hope for your class.

Complete the caption:

Hope grows here because...

The photo does not need to include people. It could include a plant, tree, artwork, outdoor learning space, landscape, student-created work or another meaningful detail.

... OR HAVE LEARNERS SHARE A POEM

Write a short poem inspired by something you noticed outside.

It could be about:

- a plant or animal
- a place
- something growing
- a moment of connection
- caring for nature
- something they hope for

... OR SHARE A SHORT STORY

Write a short story inspired by your outdoor experience. You might write from the perspective of:

- a tree
- a plant
- an animal
- a place
- a person
- their future self

The story can be realistic or imaginative.

